firstline

The best read veterinary team journal. Bam.



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Firstline (Print ISSN-1095-0613, Digital ISSN-2150-6674) is published 6 times/year as combined issues in Jan/Feb, March/April, May/June, July/Aug, Sept/Oct 8 Nov/Dec by MultiMedia Healthcare LLC, 235 W 1st St STE 300 Duluth MN 55902. Subscription rates: one year \$21.00, two years \$36.50 in the United States & Possessions; \$31.50 for one year, \$57.00 for two years. Statistics of the Company of

firstine Healthy team members = healthy pets



Huddle up for success

Improve communication among your veterinary team by creating a living document of office questions and wins.

ommunication among team members is always a challenge, so we try to make it as simple as possible. Everyone is encouraged to write in our "Huddle Book" if they have something to say, a suggestion or a question to ask. After we discuss it, we date and cross it off I put the initials of team members who were present for the huddle. In addition, at the beginning of every month, we also give prizes out for the team member who has the most successful statistic. Some statistics we monitor are new clients. six-pack preventive sales, dental, laser, spay/neuter and grooming.

We also randomly pick a "Catch Me at My Best" for

the month, and the winner gets a prize as well. If someone has the day off, they are asked to read and initial what was discussed while they were gone. We find handling questions on a day-to-day basis is much better than letting time lapse (and problems continue) until our next staff meeting. It also makes the subject matter for our meetings more interesting. We can focus on matters like safety in the workplace, new products on the market, team-building skills and setting goals.

Happy huddling!

Kim Murray Practice manager Seville Animal Hospital Seville, Ohio

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We have implemented some new things for 2019, but I'm having trouble getting my veterinary team to do them. I feel like I have told them 1,000 times already! Help!

ASK KATIE My team is killing my resolutions!

• If you've already said it ●1,000 times, then you've only got another 1,000 or so to go. Humans are naturally resistant to change, even when we think we're open to new things. It takes about six weeks for us to move through the process of resistance—deciding if we're going to comply or not, and then getting on board. During that time, you'll need to repeat the process and support and encourage more times than you think you have the patience for, believe me.

Try illustrating the new method or process with a "job aid." A job aid is like a standard operating procedure, but stated in no more than 10 steps. If you've got team members who clearly aren't getting it after six weeks (read: they're overtly or

covertly resistant or they don't have the capacity to do what you've asked), then you'll need to have a different conversation with those folks. Otherwise, mark your calendar for six weeks from the inception of the new process so you have a light at the end of the tunnel, practice deep breathing and get an essential oil diffuser with some lavender in it for your office.

Hang in there. You've got this!

Katie Adams, CVPM, is owner and management consultant at Agrygation Consulting.

Got a question for Katie? Email us at firstline@ubm.com.



Dig into these **instant** otitis tips from Instagram

Catch a few ideas floating between your veterinary colleagues' ears on managing otitis in dogs and cats.

e did a quick dive into all of our Instagram (@dvm360mag) followers and asked for some tips on managing otitis. Lend your ears—or your patients' ears—to these nuggets of advice from your veterinary colleagues.

Tip 1: "I place a small amount of cotton in both ears before bathing to help prevent water from accumulating in the horizontal ear canal. After the bath, I remove the cotton and follow up with an ear cleanser that contains a drying agent."

Tip 2: "I use cytologic examination to determine whether the infection is primarily yeast or bacteria, and treat accordingly. For example, I prescribe either an antifungal or antibacterial otic flush once a day for seven days, instruct owners to let the ears dry thoroughly for 30 minutes, then apply a combination antifungal/ antibacterial/corticosteroid otic suspension twice a day for 10 days."

Tip 3: "We prescribe a ceruminolytic flush every other day, and we also combine 15 ml of the flush with 15 ml of a combination antibiotic/antifungal/anti-inflammatory ointment and tell owners to place a small amount in both ears once a day for 10 days."



Itching for more? Check out our Veterinary Medicine Essential on otitis at

dvm360.com/otitisessential.



Client handout: How to brush your kitten's teeth (and why it's important)

Help your veterinary clients teach their fanged friends to tolerate—and maybe even like—having their teeth brushed. No one looks at the razorsharp teeth in a kitten's mouth and thinks, "Boy, would I like to get my fingers in there!" And yet, that's exactly what this handout from Kathryn Primm, DVM, encourages clients to doall for the sake of starting good teeth-cleaning habits early so that when those permanent teeth come in, the growing cat has been primed to tolerate (and maybe even like) regular dental care.





Bash Halow has seen the good and the bad in the exam room.

imple question: Do you like being told "no" repeatedly as you make a product suggestion? Right—most people don't. Well, Fetch dvm360 conference speaker Bash Halow, LVT, CVPM, is somewhat to blame for putting you in a bad position—literally—when making the offer.

As someone responsible for the series of questions, including the product pitch, asked in the exam room, he says a bad offering comes down to body language. If your back is to the client while you ask whether the want flea medication, for example, you may indicating that they don't even need the stuff.

"They're signaling without even knowing it that client is going to shut them down," he says. "It ends up being a self-fulfilling prophecy."

As for the best type of product pitch, Halow says be the honest, caring person you are. He shares a comment from one of his sessions where an attendee told the class

how she does it.

"The first thing she said is 'I listen and I tell the that I care about what's going on. And then I make a recommendation," he says.

PEARLS

Halow emphasizes that the recommendation shouldn't be the first thing. Only after hearing the client and understanding their needs can you truly give guidance.

Want more info from Halow on this? Watch an extended video

clip at dvm360.com/bashpitches.



For a round up of tips, tricks and reader-submitted parasite prevention strategies, head to dvm360.com/parasiterefresh.



hen Donna Raditic, DVM, DACVN, CVA, brought three feral kittens into her life, deciding how to feed them was something of a quandary. At her session The Purrfect Diet at the Fetch dvm360 conference in Virginia Beach, she addressed how she decided to meet her new kittens' nutritional needs, and how veterinarians can work with their clients to make sure cats are getting the most out of their food.

Understanding cat behavior

According to Dr. Raditic, the right diet for cats and kittens will help them achieve optimal health, a long life and a good quality of life. "I believe without a doubt that you

can use nutrition to help improve the health of every patient you see," she says.

The first key to mastering the feline diet lies in understanding cat behavior. Though cats are social creatures, they prefer to hunt and eat alone. "[Cats] really are control freaks," Dr. Raditic says. They want to be the master of their own domain, with access to food, water, the litter box, their resting space. With her three kittens, Dr. Raditic separated their food bowls, giving them each independent space to eat the way they want to.

Cats are also quite picky eaters.
The odor, the taste, the temperature and the texture of the food are all critical things to think about

when trying to get a cat on a new diet. Because cats get habituated on certain foods and develop "neophobia," or fear of the new, when it comes to alternatives, it might be tempting for owners to settle with one brand once they figure out

IF PETS COULD CHOOSE

In a recent study, dogs and cats that participated were free to eat from four different diets with varying macronutrients. When given their druthers, what did they devour, as assessed by their circulating metabolites?



Find out at dvm360.com/



Powerful protection can also be gentle:

- ✓ Safe for puppies as young as 8 weeks of age weighing 4 lbs or more
- ✓ Over 140 million doses of afoxolaner have been prescribed¹
- ✓ And it's the only flea and tick control product indicated for the prevention of Borrelia burgdorferi infections as a direct result of killing Ixodes scapularis vector ticks



¹Data on file.



IMPORTANT SAFETY INFORMATION: NexGard is for use in dogs only. The most frequently reported adverse reactions include vomiting, pruritus, lethargy, diarrhea and lack of appetite. The safe use of NexGard in pregnant, breeding, or lactating dogs has not been evaluated. Use with caution in dogs with a history of seizures or neurologic disorders. For more information, see the full prescribing information or visit www.NexGardClinic.com.

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CAUTION: Federal (USA) law restricts this drug to use by or on the order of a licensed veterinarian.

Description:

NexGard® (afoxolaner) is available in four sizes of beef-flavored, soft chewables for oral administration to dogs and puppies according to their weight. Each chewable is formulated to provide a minimum afoxolaner dosage of 1.14 mg/lb (2.5 mg/kg). Afoxolaner has the chemical composition 1-Naphthalenecarboxamide, 4-[5- [3-chloro-5-(trifluoromethyl)-phenyl]-4, 5-dihydro-5-(trifluoromethyl)-3-isoxazolyl]-N-[2-oxo-2-[(2,2,2-trifluoroethyl)amino]ethyl

Indications:

NexGard kills adult fleas and is indicated for the treatment and prevention of flea infestations (Ctenocephalides felis), and the treatment and control of Black-legged tick (Ixodes scapularis), American Dog tick (Dermacentor variabilis), Lone Star tick (Amblyomma americanum), and Brown dog tick (Rhipicephalus sanguineus) infestations in dogs and puppies 8 weeks of age and older. weighing 4 pounds of body weight or greater, for one month. NexGard is indicated for the prevention of Borrelia burgdorferi infections as a direct result of killing Ixodes scapularis vector ticks.

Dosage and Administration:

NexGard is given orally once a month, at the minimum dosage of 1.14 mg/lb (2.5 mg/kg).

Dosing Schedule:

Body Weight	Afoxolaner Per Chewable (mg)	Chewables Administered	
4.0 to 10.0 lbs.	11.3	One	
10.1 to 24.0 lbs.	28.3	One	
24.1 to 60.0 lbs.	68	One	
60.1 to 121.0 lbs.	136	One	
Over 121.0 lbs.	Administer the appropriate combination of chewables		

NexGard can be administered with or without food. Care should be taken that the dog consumes the complete dose, and treated animals should be observed for a few minutes to ensure that part of the dose is not lost or refused. If it is suspected that any of the dose has been lost or if vomiting occurs within two hours of administration, redose with another full dose. If a dose is missed, administer NexGard and resume a monthly dosing schedule.

Flea Treatment and Prevention:

Treatment with NexGard may begin at any time of the year. In areas where fleas are common yearround, monthly treatment with NexGard should continue the entire year without interruption.

To minimize the likelihood of flea reinfestation, it is important to treat all animals within a household with an approved flea control product.

Tick Treatment and Control:

Treatment with NexGard may begin at any time of the year (see Effectiveness).

Contraindications:

There are no known contraindications for the use of NexGard.

Not for use in humans. Keep this and all drugs out of the reach of children. In case of accidental ingestion, contact a physician immediately.

Afoxolaner is a member of the isoxazoline class. This class has been associated with neurologic adverse reactions including tremors, ataxia, and seizures. Seizures have been reported in dogs receiving isoxazoline class drugs, even in dogs without a history of seizures. Use with caution in dogs with a history of seizures or neurologic disorders (see Adverse Reactions and Post-

Approval Experience

The safe use of NexGard in breeding, pregnant or lactating dogs has not been evaluated.

In a well-controlled US field study, which included a total of 333 households and 615 treated dons (415 administered afoxolaner; 200 administered active control), no serious adverse reactions were observed with NexGard.

Over the 90-day study period, all observations of potential adverse reactions were recorded. The most frequent reactions reported at an incidence of > 1% within any of the three months of observations are presented in the following table. The most frequently reported adverse reaction was vomiting. The occurrence of vomiting was generally self-limiting and of short duration and tended to decrease with subsequent doses in both groups. Five treated dogs experienced anorexia during the study, and two of those dogs experienced anorexia with the first dose but not subsequent doses.

Table 1: Dogs With Adverse Reactions.

	Treatment Group			
	Afoxolaner		Oral active control	
	N¹	% (n=415)	N ²	% (n=200)
Vomiting (with and without blood)	17	4.1	25	12.5
Dry/Flaky Skin	13	3.1	2	1.0
Diarrhea (with and without blood)	13	3.1	7	3.5
Lethargy	7	1.7	4	2.0
Anorexia	5	1.2	9	4.5

¹Number of dogs in the afoxolaner treatment group with the identified abnormality ²Number of dogs in the control group with the identified abnormality.

In the US field study, one dog with a history of seizures experienced a seizure on the same day after receiving the first dose and on the same day after receiving the second dose of NexGard This dog experienced a third seizure one week after receiving the third dose. The dog remained enrolled and completed the study. Another dog with a history of seizures had a seizure 19 days after the third dose of NexGard. The dog remained enrolled and completed the study. A third dog with a history of seizures received NexGard and experienced no seizures throughout the study.

Post-Approval Experience (July 2018):

The following adverse events are based on post-approval adverse drug experience reporting. Not all adverse events are reported to FDA/CVM. It is not always possible to reliably estimate the adverse event frequency or establish a causal relationship to product exposure using these data.

The following adverse events reported for dogs are listed in decreasing order of reporting frequency for NexGard:

Vomiting, pruritus, lethargy, diarrhea (with and without blood), anorexia, seizure, hyperactivity/ restlessness, panting, erythema, ataxia, dermatitis (including rash, papules), allergic reactions (including hives, swelling), and tremors.

Contact Information:

For a copy of the Safety Data Sheet (SDS) or to report suspected adverse drug events, contact Merial at 1-888-637-4251 or www.nexgardfordogs.com

For additional information about adverse drug experience reporting for animal drugs, contact FDA at 1-888-FDA-VETS or online at http://www.fda.gov/AnimalVeterinary/SafetyHealth.

Mode of Action:

Afoxolaner is a member of the isoxazoline family, shown to bind at a binding site to inhibit insect and acarine ligand-gated chloride channels, in particular those gated by the neurotransmitter gamma-aminobutyric acid (GABA), thereby blocking pre- and post-synaptic transfer of chloride ions across cell membranes. Prolonged afoxolaner-induced hyperexcitation results in uncontrolled activity of the central nervous system and death of insects and acarines. The selective toxicity of afoxolaner between insects and acarines and mammals may be inferred by the differential sensitivity of the insects and acarines' GABA receptors versus mammalian GABA receptors.

Effectiveness:

In a well-controlled laboratory study, NexGard began to kill fleas four hours after initial administration and demonstrated >99% effectiveness at eight hours. In a separate well-controlled laboratory study, NexGard demonstrated 100% effectiveness against adult fleas 24 hours post-infestation for 35 days, and was ≥83% effective at 12 hours post-infestation through Day 21, and on Day 35. On Day 28, NexGard was 81.1% effective 12 hours post-infestation. Dogs in both the treated and control groups that were infested with fleas on Day -1 generated flea eggs at 12- and 24-hours post-treatment (0-11 eggs and 1-17 eggs in the NexGard treated dogs, and 4-90 eggs and 0-118 eggs in the control dogs, at 12- and 24-hours, respectively). At subsequent evaluations post-infestation, fleas from dogs in the treated group were essentially unable to produce any eggs (0-1 eggs) while fleas from dogs in the control group continued to produce eggs (1-141 eggs).

In a 90-day US field study conducted in households with existing flea infestations of varying severity, the effectiveness of NexGard against fleas on the Day 30, 60 and 90 visits compared with baseline was 98.0%, 99.7%, and 99.9%, respectively.

Collectively, the data from the three studies (two laboratory and one field) demonstrate that NexGard kills fleas before they can lay eggs, thus preventing subsequent flea infestations after the start of treatment of existing flea infestations.

In well-controlled laboratory studies, NexGard demonstrated >97% effectiveness against Dermacentor variabilis, >94% effectiveness against Ixodes scapularis, and >93% effectiveness against *Rhipicephalus sanguineus*, 48 hours post-infestation for 30 days. At 72 hours post-infestation, NexGard demonstrated >97% effectiveness against *Amblyomma americanum* for 30 days. In two separate, well-controlled laboratory studies, NexGard was effective at preventing Borrelia burgdorferi infections after dogs were infested with Ixodes scapularis vector ticks 28 days post-treatment.

Animal Safety:

In a margin of safety study, NexGard was administered orally to 8 to 9-week-old Beagle puppies at 1, 3, and 5 times the maximum exposure dose (6.3 mg/kg) for three treatments every 28 days, followed by three treatments every 14 days, for a total of six treatments. Dogs in the control group were sham-dosed. There were no clinically-relevant effects related to treatment on physical examination, body weight, food consumption, clinical pathology (hematology, clinical chemistries, or coagulation tests), gross pathology, histopathology or organ weights. Vomiting occurred throughout the study, with a similar incidence in the treated and control groups, including one dog in the 5x group that vomited four hours after treatment.

In a well-controlled field study, NexGard was used concomitantly with other medications, such as vaccines, anthelmintics, antibiotics (including topicals), steroids, NSAIDS, anesthetics, and antihistamines. No adverse reactions were observed from the concomitant use of NexGard with other medications.

Storage Information:

Store at or below 30°C (86°F) with excursions permitted up to 40°C (104°F).

How Supplied:

NexGard is available in four sizes of beef-flavored soft chewables: 11.3, 28.3, 68 or 136 mg afoxolaner. Each chewable size is available in color-coded packages of 1, 3 or 6 beef-flavored chewables

NADA 141-406, Approved by FDA

Marketed by: Frontline Vet Labs $^{\text{TM}}$, a Division of Merial, Inc. Duluth, GA 30096-4640 USA

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1050-4493-07 Rev. 05/2018

FRONTLINE VET LABS

which one their cat likes best. But that doesn't necessarily mean the cat is having all of its nutritional needs met.

Variety is the spice of life

Some cats like chicken-flavored cat food over fish. Some are dry food fans while others put their nose up at anything but wet food. Despite these preferences, Dr. Raditic advocates that owners fight this habituation by taking a "smorgasbord" approach.

"I offer them lots of different options in small amounts on paper plates ... Why paper plates? Because no matter how much you clean, animals smell in molecules," she describes. With her smoragsbord, Dr. Raditic wants each food to be completely isolated, and no amount of scrubbing will eradicate the smells from the previous occupant of the dish. This exercise will help open up the cat's appetite and make them more flexible to dietary changes.

Owners can also increase variety in how their cat's food is being delivered. While most owners might only feed their cats once or twice a day, Dr. Raditic says that cats should have up to 10 eating experiences every day. This can be accomplished with two or three meals of wet food, doling out small quantities of dry food between those meals. This doesn't have to be an ordeal—automatic feeders can do this job for pet parents who work during the day.

"My last cat I fed twice a day, and I should have known better," Dr. Raditic says, adding that he often kept her awake at night because he was restless and wanted to hunt. "I'm surprised he didn't say, 'Seriously, Donna, what the heck is that? I'm a cat!'"

Nutritious as a mouse

If Tom had ever caught Jerry and made the mouse his lunch, he would have consumed around 30 calories

In the wild, cats eat mice, and because of this, the nutritional makeup of a mouse proves to be a good model for what should be in a domestic cat's diet. A mouse is between 50 and 64 percent protein, 12 and 46 percent fat, 2 and 10 percent carbs and has a moisture content of about 50 percent. Most pet owners are probably feeding their cat a diet with too many carbs and not nearly enough protein. Though canned diets fare a little better on the protein front than dry foods. most over-the-counter cat diets fall far short of the nutrition a mouse would provide.

To sidestep this, Dr. Raditic recommends placing cats on therapeutic diets. "Canned diabetic diets aren't perfect, but they are close to mouselike diets," she says. Therapeutic diets also have an advantage because the nutrition information is presented more clearly, and owners can be assured that the quality of ingredients in the food is high.

"Even if an over-the-counter diet has higher protein than a therapeutic, I would still choose the therapeutic, because you don't know the quality and digestibility of that protein. The cat will probably still get more out of the protein in the therapeutic," Dr. Raditic says.

Finding the right diet for a cat is an ongoing process for both the veterinarian and the owner. Veterinarians shouldn't be afraid to run new nutrition ideas by their clients to reach the goal of a healthier, happier and longer-lived cat.

Felinefocused food puzzles don't have to be complicated

This easy-to-assemble food puzzle comes to you courtesy of a Firstline reader.



This is my DIY feeding puzzle, preferred by two of my four cats. I modified it with the wooden base after my 11-pound cat would just tip over the original cardboard box that I'd cut holes out of to hold the cups. Make sure the cups are narrow enough so that the cat can't just face plant and eat out of the cup.

Ann Wortinger BIS, LVT, VTS (ECC, SAIM, Nutrition), FFCP



Want to submit your own? We pay \$50 for each tip we publish. Send one in at dvm360.com/pearls.

A team approach to behavior medicine:

Taking away the veterinarian's anxiety over behavior cases

Or, how my staff keeps me cool when Boris is on the books. By Adriana Fisher, DVM, CVA

hecking my schedule for the busy workday I see the usual suspects: standard wellness appointments, ear infections, a couple chronic weight loss cases. And then my stomach knots up. Today at 4:30 it's Boris.

This appointment is over eight hours away and already I'm fraught with anxiety.

What is it about Boris? He's a neutered male Rhodesian Ridge-back who shows severe aggression issues with strangers. And those issues are even worse with me, his veterinarian of many years.

I dread seeing Boris (or any one of my patients like him) on the schedule for multiple reasons. First is the wrench these appointments can throw into my day. Complicated behavior cases like this often require more than the allotted 30-minute appointment time and can put the rest of the day into a tailspin.

But more disappointingly, I feel like by prescribing one of the four go-to behavioral medications, crossing my fingers and hoping for the best, I am likely failing these patients and clients. But I've been unsure of how to improve this aspect of my general practice.

However, after listening to Fetch dvm360 conference speaker Lisa Radosta, DVM, DACVB, I realize how my staff and I could work together to be a bet-

ter first line response to behavioral problems.

One key
to Dr. Radosta's approach
is a sometimes
overlooked aspect
of efficient practice
management: using
you, the team, for
everything you
can do.

First: the front desk.
She suggests the front desk team

About that training

In order to see success (and, as a result, happy patients and clients), the approach needs not only consistency in application, but specific, realistic goals from the outset. For example, a client saying "I want a calm dog" is not enough. Instead, get specific: "Does not panic during fireworks" for a noise-phobic dog, or "Can be left alone" for a

separation anxiety
case. This level of
detail changes
the medical
management
and behavior
modifications selected
for the case.



A SMALL SAMPLE MAKES A **BIG** DIFFERENCE



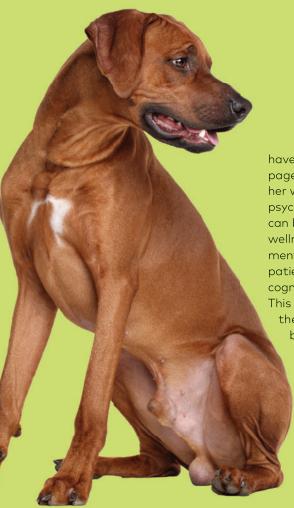
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have clients fill out simple onepage screening forms (available on her website) regarding the pet's psychological health. The form also can be passed to clients scheduling wellness appointments that may mention behavioral issues and for patients over 10 years old where cognitive dysfunction is noted. This will save time and prevent

the doctor from being blindsided by behavioral problems in the exam room.

Regarding treatment, here's where the rest of the team comes in. Dr. Radosta says that there are more layers to handling this type of patient than just prescribing trazodone, fluoxetine, clomipramine or alprazolam.

"Behavioral plans have three

parts: management, medical treatment and behavioral treatment," she says, "And veterinarians are often falling short on the behavioral component."

Here's how Dr. Radosta says that last element can be tightened up: Following the exam and client consultation, the veterinarian should identify the behavior diagnosis and determine a plan. Then—another chance to utilize your in-house veterinary professionals—rely on technicians to institute that plan. Have a technician show clients how to implement the desired training/behavior modification techniques and carry out weekly follow-up sessions.

Having an educated, enthusiastic behavior-focused technician team is key to this approach.

Client-facing video content: How do I find a veterinary behaviorist and why do I need one?

Share this easily understandable advice from Dr. Julia Albright about choosing a veterinary behavior professional with your clients.

Veterinary clinics: Julia Albright, MA, DVM, DACVB, breaks down how and why a veterinary client would need to seek out a board-certified behaviorist. You can embed her opinion directly on your website to help educate your clients. They'll benefit from her position as an expert; you'll benefit

from her stance that the veterinary clinic is the first stop. She also delves into why the trainer the veterinary client found on the Internet may be able to make the pet perform a behavior every time, but that they may not be addressing underlying issues like an emotional, anxiety-driven behavior problem.



See it, and instructions
 about how to share the
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 dvm360.com/behaviorhowto.

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Kristen Cooley, BA, CVT, VTS (anesthesia & analgesia), highlights the considerations to make when putting a diabetic patient under

anesthesia. By Kristen Cooley, BA, CVT, VTS (anesthesia & analgesia)

iabetes mellitus is an endocrine disease that is the result of inadequate serum insulin levels or insulin resistance (decreased sensitivity of peripheral tissues to the effects of insulin). It is characterized as being either type 1 or type 2. Type 1 diabetes mellitus occurs when immune-mediated destruction of the pancreatic beta cells ensues, leading to hypoinsulinemia, hyperalycemia and the need

for exogenous insulin supplementation.¹ This type of diabetes is more common in female dogs.¹ Type 2 diabetes is likely a combination of the impaired secretion of insulin as well as a reduction in tissue insulin sensitivity leading to hyperglycemia. Type 2 is more common in male cats and is usually managed through diet, although approximately 70% will require exogenous insulin supplementation.¹,²

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Do your heartworm protocols need an update?

Here's your reminder postcard.



HEARTWORM

March 2019
dvm360.com/heartwormtoolkit

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CORAXIS is indicated for the prevention of heartworm disease caused by Dirofilaria immitis. CORAXIS is also indicated for the treatment and control of the following

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Species	Uncinaria stenocephala	X	X	Х	
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- Some dogs are more sensitive to avermedins due to a mutation in the ABCRI perfect of the sensitive to avermeding the product. The most common breads on the product of the product o

Although there is no specific antagonist for avermectin toxicity, even severely affected dogs have completely recovered from avermectin toxicity with intensive veterinary supportive care.

. Keep out of the reach of children

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Medicinal Odor	5 dogs (3.9%)	None observed
Lethargy	1 dog (0.8%)	1 dog (1.5%)
Inappetence	1 dog (0.8%)	1 dog (1.5%)
Hyperactivity	1 dog (0.8%)	None observed

Hyperactivity 1 dog (0.8%) None observed During a field study of a topical solution containing 2.5% modifectin + 10% imidatoprid using 61 dogs with pre-existing flea allergy dematitis, one (1.6%) dog experienced localized puritus immediately after product application, and on investigator noted hyperferactors at the application site of one dog (1.6%). Laboratory Effectiveness Studies* Core dog in a laboratory effectiveness Studies* Core dog in a laboratory effectiveness studies* application of a topical solution containing 2.5% modifectin + 10% imidatoprid new signs resolved without intervention by day 10 post-splication. The signs in this dog may have been related to peak serum levels of modifectin, which vary between the containing application of a topical solution containing 2.5% modifectin, which was the signs in this dog may have been related to peak serum levels of modifectin, which vary between the following pallication of a topical solution containing 2.5% modifectin + 10% initial coloration application of a topical solution containing 2.5% modifectin + 10% initial coloration and the pallication services in the pallication services included on may be directly attributed to the drug or may be second to the intestinal parasite burden or other underlying conditions in the dogs: darries, discharge, Observations at the application series included drugs, settle or greatly hair, the appearance of a white deposit on the hair, and mild erythema, which resolved without treatment within 2 0.48 flows: the appearance of a white deposit on the without treatment within 2 to 48 hours.

ANIMAI SAFFTY

AMIMAL SAFETY: In a controlled, double-masked, field safety study, a topical solution containing 2.5% moodetin 1-10% imidacloprid was administered to 128 dogs of various breeds, 3 months to 15 years of age, weekings in 40 157 points. The moodetent initiadispiral topical solution was used safely in dogs concombarily receiving ACE imbitors, immunification of the control of the con NADA # 141-417, Approved by FDA

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Do your heartworm protocols need an update? By Christopher Rehm, DVM

With new canine treatment guidelines out now, it's a perfect time to revisit your protocols to make sure your veterinary practice is current on heartworm prevention and treatment for cats and dogs.

hether you practice in Alabama. Arizona, California or Connecticut, chances are you have a protocol in place for routine heartworm screening and prevention as well as a

plan to treat heartwormpositive dogs. But the American Heartworm Society—which continually monitors the latest studies—has recently updated guidelines. Check to see if you're up-to-date on ...



Preventives: Assessing risk

The AHS heartworm guidelines on prevention call for year-round administration of heartworm preventives and practical steps to reduce mosquito exposure (for example, eliminating standing water and keeping dogs indoors during peak mosquito times) as the backbone of any prevention protocol. However, added risk may mean additional preventive steps are needed.

Factors that constitute high risk include:

Heartworm prevalence.

The relative risk of heartworm infection where you practice may vary both from year to year and from season to season. Take a year-over-year look at the number of heartworm cases you've been diagnosing. Has the

number been rising? The presence of heartworm-positive dogs along with environmental and climate conditions that favor the proliferation of mosquitoes—either seasonally or year-round—can increase the risk of heartworm transmission.

Client compliance. The efficacy of a prevention program is impaired by poor or inconsistent compliance. This also increases risk.

If and when the relative risk of heartworm transmission is considered high or individual client compliance is less than desirable, consider the added use of an EPAapproved repellent/ ectoparasiticide. This will provide additional control of the mosquito vector and interrupt the chain of transmission by reducing the transmission from infected mosquitoes to dogs and from infected dogs to mosquitoes.

Testing: The 'how' and 'when' of heat treatment

Heat treatment of serum samples prior to antigen tests can improve testing accuracy when antigen blocking produces falsenegative results on in-clinic

The step-by-step AHS heartworm treatment protocol is designed to help reduce the severity of complications from adulticide therapy.

heartworm tests. While acknowledging that this added step has value when active clinical disease is suspected in the absence of a positive antigen test, however, the AHS does not recommend this step for routine in-clinic screening.

Why not? The available heartworm tests are highly sensitive and accurate.

Heat treatment of samples is contrary to label instructions for in-house tests and may interfere with the accuracy of both heartworm tests and combination tests designed to detect antibodies of other infectious agents.

Suspected serum samples should be sent to a veterinary reference lab or a college of veterinary medicine's parasitology department.

Treatment: Make the AHS protocol your goto

The step-by-step AHS heartworm treatment protocol—which includes administering a macrocyclic lactone (ML) preventive to kill juvenile worms and doxycycline to eliminate Wolbachia species bacteria prior to melarsomine administration—is designed to help reduce the severity of complications from adulticide therapy. The

protocol includes a onemonth waiting period between antibiotic and adulticide administration to allow more time for effects of the doxycycline to reduce worm biomass, reduce Wolbachia species metabolites and render microfilariae unable to mature to adults.

The AHS argues that this should be the default heartworm treatment. It's true that alternative non-arsenical protocols have been studied in the U.S. and Europe because of the need in cases where melarsomine treatment can't be used. However, the length of time required to kill adult worms, the uncertainty of "slow kill" treatment in resistance, the increased pathology, and the unknown restriction requirements with these protocols make them less than ideal for most patients and less predictable in outcomes. More studies are definitely needed.

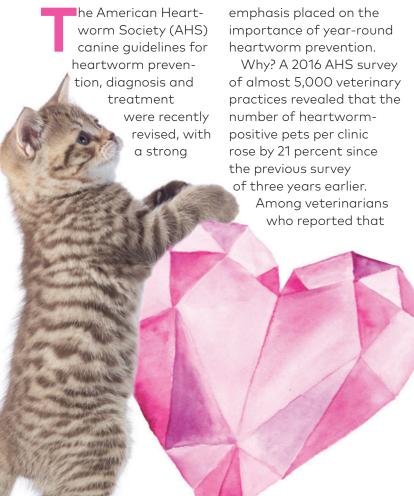


Dr. Christopher Rehm, president, American Heartworm Society

The American Heartworm Society was founded in early 1974 by a group of veterinary practitioners and scientists concerned about heartworm disease. Active membership is open to all veterinarians and scientists with interests in any aspect of heartworm disease. The AHS is governed by an executive board made up of veterinary practitioners, academicians and researchers. Christopher Rehm, DVM, is the owner of Rehm Animal Clinics of Mobile and Baldwin counties, four small animal clinics in south Alabama and has served as the AHS president since 2016.

Don't take 'no' for an answer

Despite your parasite preventive conversations in the exam room, a client may ask anybody in the hospital, including receptionists, 'Do I really need to shell out money for this?' Here's how to make sure everyone on the team is armed for the conversation.



heartworm disease was "on the rise" since the previous survey, the leading reason was that "owners skip doses or don't give preventives year-round." This compliance conundrum highlights the importance of client conversations about heartworm prevention—a priority that puts staff members front and center. Following are suggestions for handling heartworm prevention pushback from owners.

Client: "Heartworm medicine's so expensive. Why should I spend my money on it?"

Veterinary team member: "While it seems expensive, you get a lot more value for your prevention dollar than

OKSANA KUZMINA, LISAGERRARD99/STOCK.ADOBE.COM

you realize. Consider this: You can protect your dog from a fatal heartworm infection for an entire month for what you'd spend on a pastry and coffee at your local coffee shop. Many monthly medications also offer more than just heartworm protection— some protect against fleas and common intestinal worms, too. That's important to your pet's health as well as that of your family, when you consider that parasites like roundworms and hookworms can be spread to your kids and other household members."

Client: "I still don't think I can justify spending money on it."

Veterinary team
member: "Here are
two important facts
you need to know. First,
preventing heartworms
is a lot cheaper than
treating them; heartworm
treatment can cost up to
\$1,000 in medication and
veterinary bills. Secondly,

while heartworm disease in dogs can be treated and the worms eliminated, the damage left by heartworms is forever, and many dogs are left with residual health problems."

(Bonus round for staff members in "nonendemic" areas)

Client: "I don't think I need it. Heartworms aren't that common around here."

Veterinary team member: "While heartworm disease isn't as common here as in other parts of the U.S., heartworms have been diagnosed in every state in this country. In parts of the country that stay cold for six months or more, there are lots of warm, protected spots where mosquitoes that transmit heartworms can live. In urban areas. radiated heat is stored in concrete and asphalt and is released at night when mosquitoes are active. In rural areas, mosquitoes

may find a warm spot in a hollow log or animal burrow to ride out the winter. In dry locales, thanks to sprinkler systems, birdbaths and watering cans, there are pockets of standing water everywhere where mosquitoes can breed.

"I know parasite preventives may be an added expense you weren't expecting, and you may be weighing the costs and benefits. Makes perfect sense. It boils down to this: No matter where you live, is it worth putting your pet at risk? Isn't it easier to give a single medication once a month—or an injection every six months—to keep him or her safe? Think about it this way: You may never have been in a car wreck, but you still put on your seat belt. Would you risk your life by not wearing one? Why would you risk your pet's life by not giving him or her heartworm prevention?"



he time for the rise of the parasites begins—acknowledging, of course, that some warmer climates never quite lose them. So we asked a local veterinary clinic for what parasitology-related questions they have and snagged answers from Richard Gerhold, DVM, MS, PhD—always ready to deliver crucial parasite prevention tips.

Do heartworm preventives with efficacy against intestinal parasites work for

routine puppy deworming?

Dr. Gerhold: Depending on the active drug in the preventive, the treatment should be effective at removing Toxocara canis (roundworms), Ancylostoma caninum (hookworms) and potentially Trichuris vulpis (whipworms). Ivermectin is not effective against T. vulpis, so animals receiving a preventive with only ivermectin would need a secondary product for treatment of infection with T. vulpis. Furthermore, tapeworm infections would need to be treated with either praziquantel or fenbendazole, depending on the tapeworm species. Finally, if dogs are being treated with ProHeart 6, they will also need to be given a monthly medication to control intestinal parasites.

What are the latest updates on microfilarial resistance to heartworm?

Dr. Gerhold: While there does appear to be some legitimate resistance



of Dirofilaria immitis microfilariae to at least some of the preventives, it's a minor issue compared to lack of owner compliance in administering monthly heartworm preventives to dogs and cats. Efforts should be focused on educating owners about the necessity of compliance with monthly administration of heartworm preventive. Furthermore, veterinarians should avoid the use of the slow-kill method for adult heartworms if at

all possible. The use of slow kill greatly increases the chances of selecting for resistant strains of D. immitis microfilariae that may be transmitted to other canids.

What do you think of genetically modifying mosquitoes to make them less capable of transmitting diseases?

Dr. Gerhold: I am in favor of research to investigate options for genetically controlling vector-borne disease. I see this research as being similar to the release of sterile male screw worm flies that led to eradication of screw worms from the United States. Hopefully there is funding for such research projects in the future to test the efficacy of such genetically modified vectors.

Dr. Richard Gerhold works in the Department of Biomedical and Diagnostic Sciences in the College of Veterinary Medicine at the University of

Tennessee.



Counter cost concerns with heartworm treatment

Show clients the value of heartworm treatment as well as payment help.

he recently updated American
Heartworm Society (AHS) canine
heartworm guidelines emphasize
the advantages of the protocol over the
non-arsenical treatment protocols that
have been studied in the U.S. and Europe.
While these protocols are needed for
dogs that aren't candidates for melarsomine treatment, the hope is that most
heartworm-positive dogs can undergo
the AHS treatment regimen, which is
designed to eliminate the highest percentage of adult worms while minimizing
treatment complications.

So, you have the better protocol and access to medications. What can you do to make sure the pet owner isn't put off by cost or a weak recommendation?

Countering cost concerns with adulticide treatment

Create a step-by-step estimate that breaks down the treatment steps.

Treatment estimates that break out the different costs can help veterinary clients understand the complexity of heartworm treatment as well as the total cost. Pet owners understand that fees are associated with lab tests and imaging as well as with medications, monitoring and—in some instances—hospitalization. (Editor's note: Worried that if you list all the specific costs that clients will argue to knock some of them off? It's all good. Itemize the parts of the treatment but don't include individual prices.)

Create a payment plan that mirrors



By Chris Duke, DVM, founder of Bienville Animal Medical Center in Ocean Springs, Mississippi.

the treatment plan. One benefit to the AHS treatment protocol is that the medications are administered in a step-by-step fashion. Because there are 60 days between the initial diagnosis and the first melarsomine injection—as well as another 30 days between the first and second injections—payments can be billed in tandem with the medication. This also gives the client the opportunity to save for the costliest component of treatment: the melarsomine injections.

Use third-party payment plans. For clients who aren't enrolled in a pet health insurance plan or who can't afford to pay as they go, programs like CareCredit and Scratchpay can help owners stretch out the treatment costs in a manageable payment schedule.

Putting the brakes on slow kill While it may be tempting to offer alternative protocols to clients on tight budgets, forgoing adulticide treatment is not always in the long-term best interest of the pet. Here's how to handle it:

Explain the risks. Because it can take years for alternative protocols to achieve results, the progression of pulmonary pathology and damage from adult heartworms continues over an extended period of time. Most clients want what's best for their pet; we do our clients a disservice if we don't provide our best recommendation first.

Compare the costs. While non-arsenical protocols eliminate the cost of melarsomine, they aren't necessarily cheap. Doxycycline—which should be used in non-arsenical as well as adulticide regimes to kill Wolbachia species bacteria and reduce the reproductive potential of adult heartworms—is a fairly expensive antibiotic. Meanwhile, dogs on non-arsenical therapy require repeated antigen tests to ascertain their status.

Just make sure with any change in protocols that you and your team are on the same page on the importance of the change if it affects what pet owners are paying. This is about strong recommendations and strong communication. In my view, good medicine is always good business, and maintaining standards of integrity keeps our patients healthier—and our clients happier—in the long run.

simple strategies to talk heartworms

Add some oomph to your heartworm prevention conversations with these tips.

By Ronald Hamilton, BSc, DVM

f your heartworm prevention conversations feel a bit stale, use these quick tips to protect pets against this dangerous killer.

1. Use cooked spaghetti as an example.

Pet owners are often surprised to learn that heartworms can range in size from 4 to 12 inches and look like cooked spaghetti wrapping through the heart. Dogs are a natural host for heartworms, which means that the worms that live inside the dog mature into adults, mate and produce

offspring.

If untreated, their numbers can increase, and dogs have been known to harbor several hundred worms in their bodies. You can drive this point home by showing pet owners an entire box of cooked spaghetti in a clear glass jar, representing the magnitude of heartworm infestation.

2. Explain the mosquito bite phenomenon.

Sometimes pet owners need a better understanding of how heartworm disease is transmitted, and explaining the worm's life cycle can help. I recommend adapting information from the American Heartworm Society.

3. Teach cat owners about the gravity of infection.

Remind pet owners that heartworm can be sneaky in cats. Tell them to watch for signs, including coughing, asthma-like attacks, periodic vomiting, lack of appetite or weight loss. Remind them that there's no treatment for cats, so they should contact your practice



Minimizing heartworm transmission in relocated dogs: An algorithm

he American Heartworm Society (AHS) has announced a new set of best practices for minimizing heartworm transmission in relocated dogs, including recommendations for testing, treatment and prevention, that were developed in collaboration with the Association of Shelter Veterinarians (ASV), according to a society release.

These guidelines are intended to help in situations such as newly adopted pets left homeless by a recent hurricane, the dog that moved cross-country with its family or the canine companion that's returning from a beach vacation—situations the society says are familiar to veterinarians in today's mobile society.

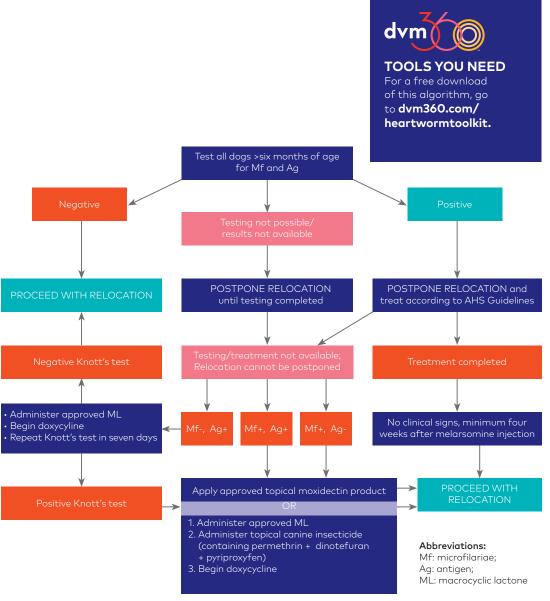
"Preventing transmission of *D[irofilaria] immitis* has always been a focus of the AHS heartworm quidelines. However, we believe we need to do more given the potential for heartwormpositive dogs to serve as reservoirs for infection." says AHS President Chris Rehm, DVM, in the release. "For example, if a microfilaria-positive dog is rescued in one state and subsequently moved to a new home in another state where nearby pets are unprotected, mosquitoes feeding on the new dog can quickly become heartworm vectors. The results can be disastrous for unprotected pets in the vicinity."

While the ideal scenario is to treat infected dogs before transporting or traveling with them, situations often dictate that infected animals can't undergo a full course of heartworm treatment, including adulticide administration, before hitting the road,

the release states. The goals of the AHS transportation guidelines are to prevent infected dogs from becoming heartworm reservoirs. ensure that untimely travel doesn't trigger heartworm disease complications, and ensure that, once treated, dogs are on lifelong heartworm prevention. These quidelines are also an algorithm to decide best course of treatment for a pet.

Best practices include the following steps:

- > Testing all dogs 6 months of age or older before relocation
- Delaying relocation of heartworm-positive dogs
- > Pretreating heartwormpositive dogs (e.g. administering macrocyclic lactone drugs, applying an EPA-approved product that kills and repels mosquitoes,



and administering antibiotics) when relocation can't be delayed

- > Following guidelines for microfilaria testing and retesting to avoid transportation of microfilaremic dogs
- > Following guidelines

for transport after administration of melarsomine to infected dogs.

"It is clear that care, cooperation and communication are needed on both ends of any journey that involves a heartwormpositive dog," Dr. Rehm states. "Our goal is to help veterinarians who oversee the health of both traveling and adopted dogs—as well as their clients—understand the threat and make the prevention of heartworm transmission a priority.

When the pet owner thinks heartworms are #FakeNews

Your veterinary client thinks that heartworms are nothing more than a made up scam for money. Here's how I like to steer them straight. *Erika Ervin, MBA, CVPM, CVT*

hen I'm faced with a client who doesn't believe heartworms exist, first I try to determine their source of information. This helps me tailor my approach and understand how their sources convinced them so well. This is important, because you wouldn't want to offend someone if they're receiving information from a friend or family member.

One of the best ways I educate clients on the topic of heartworms and the threat they pose to dogs and cats is to share my personal experiences. This approach is more genuine than just giving clients facts about heartworms—something

they can just claim you've made up. With personal stories, I'm able to connect with clients and gain their trust. Once we've established trust, I can start to ask about their views on heartworm and dispel any myths they may have heard or false information they've received.

Maybe money is important to them. In that case, I'd explain how prevention is always more affordable than treatment. And in cats especially, where there is no treatment, it becomes a matter of life and death.

Or maybe they place high value on science and facts. For those clients, I'd explain to them how heartworm is found in all 50 states today. I'd explain how Hurricane Katrina impacted heartworm prevalence in different areas around the country and why, now more than ever, it's important to protect our pets against heartworm. There's a chance many other pet owners aren't protecting their pets, and that poses a risk for transmission to our pets.

At the end of the day, the only way to gain credibility with pet owners is to discover what they value most and use that to formulate the best response. This way you'll resonate with what they find important and they'll be more likely to trust and buy into your message.





An update on heartworm disease and HARD in cats

Dr. Ray Dillon shares why this 'juvenile delinquent' form of heartworm disease causes so much trouble in feline veterinary patients.

hat do
veterinarians
need to know
about feline heartworm
disease and heartwormassociated respiratory
disease (HARD) in cats?
Ray Dillon, DVM, MS,
MBA, DACVIM, professor
of small animal internal
medicine at Auburn
University, took a few
minutes to answer these

questions at the 15th Triennial Heartworm Symposium in New Orleans

Feline heartworm disease: Think quality of life, not life or death

"When we first started thinking of this disease 40 years ago, we made the mistake of always assuming it is a fatal disease," says Dr. Dillon.
"And now we recognize that it is rarely a fatal disease."

Feline heartworm disease does, however, affect the cat's quality of life—often for the duration of the cat's life, Dr. Dillon says.

Even an "unsuccessful" infection—one where the parasite doesn't make it



Watch the video by scanning the code or visit dvm360.com/heartwormtoolkit



to the adult stage—can have dire consequences on the cat's respiratory tract, Dr. Dillon says. The cat is still likely to suffer from disease even though it's not the adult parasite causing it.

So what's the takeaway? According to Dr. Dillon, both veterinary professionals and clients need to be reminded that this is a quality-of-life disease instead of a life-or-death disease.

HARD: Hard diagnostics

"The incidence of HARD (and even the incidence of heartworms) in cats is an ongoing question people always want to know," says Dr. Dillon. But instead of wading through percentages with clients,

Dr. Dillon simply reminds them that if it occurs in their cat, it affects 100 percent of the cat.

"We know that the infection rate throughout most of the Southeast in cats is about a third of all cats come up heartwormantibody-positive at some point in their lives, which means they were successfully infected," says Dr. Dillon. But the real question is how far the worms traveled and developed in the cat before dying.

"Did they die precardiac?" he says. "Did they make it to the HARD stage and die? Did they make it to the adult heartworm [stage] and then the adult heartworm died?"

Dr. Dillon explains that

HARD is seasonal instead of lifelong, which can complicate diagnostics.

"HARD represents a juvenile delinquent form of the adult heartworm, so it's very much like a car wreck caused by a juvenile delinquent driver: They come in, they have a wreck, they cause all kinds of damage and then they're gone," he says. "There's no way to go back and prove who caused that accident."

Because HARD is so transient, clinicians can't easily perform diagnostics that confirm the disease 100 percent. "Necropsy studies only study cats that develop fully mature adult heartworms, and that's simply the tip of the iceberg," Dr. Dillon says.

Handle concerns about the price of heartworm prevention

Money makes the world go 'round. By Sue O'Brien

xpense is one of the leading objections clients give for forgoing heartworm prevention. Things like:

"Heartworm prevention is too expensive."

Pet owners who assert that heartworm prevention is a luxury they can't afford may not be aware that there are lowcost options available—or understand how much treatment may set them back if they try to skimp on prevention. Is the pet a dog, cat or ferret? If it's a dog, is it a petite terrier or a massive mastiff? Does he only need heartworm prevention or should the product protect him from fleas, ticks, heartworms and hookworms? Annual costs for clients can range from \$60 to \$250 for dogs and from \$140 to \$200 for cats and

ferrets, depending on the product's spectrum and whatever promotions are available from manufacturers. Within that range, most clients can find a cost they can live with while still meeting the needs of their pet.

Meanwhile, not every owner who finds cost to be a significant hurdle is vocal about it. "When I talk about year-round prevention in the exam room. I see a lot of head nodding from my clients," says Chris Duke, DVM, of Bienville Animal Medical Center in Ocean Springs, Mississippi. "However, my staff members tell me it's not uncommon for owners to back out of the purchase once I've exited the scene."

While it can be discouraging when pet owners insist on going home with prescriptions to fill through online services, Dr. Duke is an



advocate of picking his battles. "We always stress that purchasing from our hospital provides our clients with important support," he says, "but refusing to provide written prescriptions can result in client alienation. We provide a prescription as long as we have a valid doctor-client relationship

"It's up to us to provide concise, consistent and compassionate information and to create confidence in our recommendations. I tell my clients, who should they trust—a pet store worker, a TV commercial or a trained medical professional? We need to provide a winning experience at every visit—without exception—if we're going to maintain that trust.

— Dr. Christopher Rehm

and the dog has had a heartworm test in the past year. However, we specify in writing that our prescriptions are only good for U.S. products and we limit refills to the point of a new blood check."

"If my dog gets heartworm disease, I can always just have him treated."

The cost of treating heartworms in a dog is roughly 10 times the annual cost of preventives in most practices, but the cost of heartworms goes well beyond the dollars and cents of medications and veterinary fees. "I emphasize that the cost of prevention is a small price to pay to save pets from suffering the pain and permanent damage caused by heartworms," says Jennifer Rizzo, DVM, of Friendship Pet Hospital in San Schertz, Texas. "Having dealt with emergencies such as heart failure, pulmonary thromboembolisms and caval syndrome in the ER, I can paint a vivid picture of just how scary heartworms are. I also emphasize that prevention is a small price to pay if owners want to protect their pets from suffering and help them live a longer, happier life."

"I don't think heartworm prevention is worth it."

Clients set their own priorities, but it can be helpful to remind them that—important as it is—there's more at stake than just their pets' health. AHS President Christopher Rehm, DVM. owner of Rehm Animal Clinics of Mobile and Baldwin Counties in Mobile, Alabama, says, "I explain to pet owners that there are four pillars in pet healthcare: protection from parasites; protection from infectious diseases; nutrition; and keeping the pet safe via proper housing, spaying or neutering and grooming. Failure to invest adequately in any one of these four areas can have disastrous results for the pet, the family and the wallet. Pillars one and two actually reach beyond the pet because some parasites and infectious diseases can be shared between pets and family members and can even represent public health concerns because of the risk of zoonotic infections."



Stop slacking on these 5 recommendations

Seriously. It's time to take a stand on these veterinary client noncompliance situations. By Sarah I. Wooten, DVM

No. 1: Stop telling people who say their pet doesn't go outside that they can skip heartworm preventives

Just the other day
I was in a room in
my house that was
the farthest from
any exterior doors,
and guess what was
buzzing around my
ear? A mosquito. **You**

know it, I know it, we all know it: Indoor-only pets are still at risk for heartworm disease.

No. 2: Stop arguing your client's limits

Ever said to yourself, "The client only has so much money, and the fill-in-the-blank chronic medicine is more important." Or: "OMG, this dog has so many problems I have to

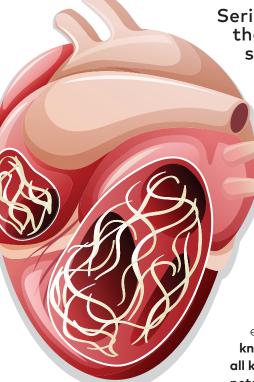
talk to the client about. There's no way they're going to hear me out on parasite control too!"

Do yourself a favor and suspend your own disbelief about what the client will pay for, and just go into that exam room and give your clients the information they need to hear—even if you don't think they want to hear it or you don't want to say it.

No. 3: Stop saying clients can give preventive only during mosquito season

I have clients push me on this all the time and, I agree—it gets old. You want to say, "Fine! Just give it during the summer!"

However ... if I do that, then I'm not doing my job or doing the client any favors. Clients who feel "safe" from parasites



ou work with clients all day long who won't take your recommendations to heart. It can be tempting to just give in and smile and nod while they give you excuses about parasite prevention. Here are five ways to stop doing that.

during the winter are getting a false sense of security from us when we tell them it's OK to stop parasite protection during the winter.

No. 4: Stop saying clients don't have to give prevention because you don't have heartworm in your area

Remember the microoutbreaks of heartworm disease after dogs were

Patient, err, Dog Zero into an area with previously low reports of heartworm disease, and suddenly all dogs are at risk. Your clients deserve to know that their dog is at risk anywhere, at any time.

No. 5: Stop saying "I recommend"

One of the most profound and effective changes I've made in the way I talk to clients is to **stop**

Time management tip: Make a plan with your client to address only one or two of the most important health problems, prioritize those issues along with the parasite control talk, and schedule a follow-up appointment to discuss less-pressing issues.

rescued from areas affected by Hurricane Katrina? Hundreds of doas were also lost or displaced after the hurricanes this season—where are those dogs and their undiagnosed heartworm disease going to end up? Have you already seen these dogs in your practice? (Check out the algorithm on page 14.) One need only introduce

"Your pet needs ..." or "We need to ..." or "You need to ..." While clients value our opinion, they're less interested in what we recommend and more interested in what their pet needs. Switch your

language and take the

it back it onto the pet,

where it belongs.

emphasis off you and put

saying, "I recommend ...,"

and instead substituted.

Advantage Multi® for Dogs and for Cats (imidacloprid + moxidectin)

BRIEF SUMMARY: Before using Advantage Multi²⁶ for Dogs (imidacloprid+moxidectin) or Advantage Multi²⁶ for Cats (imidacloprid+moxidectin), please consult the product insert, a summary of which follows:

CAUTION: Federal (U.S.A.) Law restricts this drug to use by or on the order of a licensed vete

Advantage Multi for Dogs:

- DO NOT ADMINISTER THIS PRODUCT ORALLY.
- For the first 30 minutes after application ensure that dogs cannot lick the product from application sites on themselves or other treated animals.
- or other dealed animos.

 Children should not come in contact with the application sites for two (2) hours after application.

 See Contraidications, Warnings, Human Warnings, and Adverse Reactions for more information.)

INDICATIONS:

INDICATIONS:

Advantage Mill for Dogs is indicated for the prevention of heartworm disease caused by Dirofliaria immits and the treatment of Dirofliaria immits circulating mirrofliaria in heartworm-positive dogs. Advantage Multi for Dogs kills adult fleas and is indicated for the treatment of the indiscation (Chonocophalides kills). Advantage Multi for Dogs is indicated for the treatment and control of sarcopite.

Multi for Dogs is indicated for the treatment and control of sarcopite manage squared in Sconnodes co-shell in excensive. Advantage Multi for Dogs is indicated for the treatment and control of sarcopite.

will real reason the control of samples and the control of samples will be control of samples and will for Days is indicated for the treatment and control of samples many caused by Aurophuse scaled hazaras. Advantage Multi for Days seek is Holworms (Anylostoma canitum) (Incinaria stencephale), Roundworms (Torocara canis) (Toroc

is indicated for one preadment of liea intestations in ferreis.

CONTRAINDICATIONS: Do not administer this product orally.

(See WARNINGS). Do not use the Dog product (containing 2.5% moxidectin) on Cats. WARNINGS:

WARNINGS:
Advantage Mulli for Dogs: For the first 30 minutes after application:
Ensure that dogs cannol lick the product from application sites on
themselves or other treated dogs, and separate treated dogs from
one another and from other pets to reduce the risk of accidental
ingestion. Ingestion of this product by dogs may cause serious
adverse reactions including depression, salivation, dilated
pupils, inconditation, parting, and generalized muscle termors. In
avermental insensitive dogs, the signs may be more severe and
in a command seasily.

Company of the command seasily.

"Some dogs are more sensitive to avermectins due to a mutation in the MDR1 gene. Dogs with this mutation may develop signs of severe avermectin toxicity if they ingest this product. The most common breeds associated with this mutation include Collies and Collie crosses."

* Although there is no specific antagonist for avermectin toxicity. All the control of the co

even severely affected dogs have completely recovered from avermectin toxicity with intensive veterinary supportive care.

avermedin toxicity with intensive veterinary supportive care. Advantage Multi for Cats: Do not use on sick, debillitated, or underweight cats. Do not use on cats less than 5 weeks of age or less than 2 lis. body weight. Do not use on sick or debillitated ferrets. HUMAN WARNINGS: Not for human use. Keep out of the reach of children. Dogs: Children should not come in contact with the application sites to how (2) hours after application. Cats: In contact with the application site of the contact with the application site for 30 minutes after applications.

Children should not come in contact with the application site for 30 minutes after application. Causes eye irritation. Harmful if swallowed. Do not get in eyes or on oldning. Avoid contact with six Mash hands throughly with sana and warm water after handling. If contact with eyes occurs, both ejedits open and flush with copious amounts of water for 15 minutes. If eye irritation develops or persists, contact a physician. If we such as the contact with eyes occurs, and the contact with eyes occurs are such as the contact of the contact with eyes occurs. minutes. If eye irrutation develops or persists, contact a physician, if swallowed, all poison control centre or physician immediately for treatment advice. Have person sip a glass of water if able to swallow. Do not induce vorniting unless told in do so by the poison control center or physician. People with known hypersensitivity to benzyl action, limidactopid, or moxisderial should administer the product with caution. In case of allergic reaction, contact a physician. If the contact with skin or or oblimp occurs, take of contaminated oldring. Wash skin immediately with plenty of scap and vater. Call a policy for control center or physician. In the demand advice, The Safety Data Control center of the center of the control center of the control center of the center

consumer questions can1-sout-20-boszc.

PRECAUTIONS: Do not dispense dose applicator tubes without complete safety and administration information. Use with caution insick, debilitated or underweight animals. The safety of Advantage Multi for Dogs has not been established in breeding, pregnant, or latating dogs. The safe use of Advantage Multi for Dogs has not been established in puppies and dogs less than 7 weeks of age or less than 3 bb. nody weight. Advantage Multi for Dogs has not been evaluated in heartworm-positive dogs with Class 4 heartworm disease. heartworm disease.

heartworm disease.

Cats may experience hypersallvation, tremors, vomiting and decreased appetite if Advantage Multi for Cats is inadvertently administered orally or through grouminglicking of the application site. The safety of Advantage Multi for Cats has not been established in breeding, pregnant, or lactaling cats. The effectiveness of Advantage Multi for Cats against heartworm infections (D. immtis) after bething has not been established in cats like of this product in geriatin cats with subclinical conditions has not been adequately studied, ferferts. The safety of Advantage Multi for Cats has not been adequately been subclining to the conditions of the conditions

in ferrets weighing over 4 this (2.0 kg) has not been established.
ADVERSE REACTIONS: Heartworm Negative Dogs. The most common adverse reactions observed during field studies were pruritus, residue, medicinal odor, lethargy, inappelance and hyperactivity. Heartworm Positive Dogs: The most common adverse reactions observed during field studies were cough, lethargy, vornting, diarrhae (including) hemorrhapic), and inappelence. Catts: The most common adverse reactions observed during field studies were lethargy, behavioral changes, disconitori, hypersalvation, polytipsa and coughing and gagging. Ferrets: The purufus/scratching, scabbing, redness, wounds and inflammation at the treatment site; lethargy, and chemical odor.
For a copy of the Safety Data Sheet (SDS) or to report adverse reactions call Bayer Veteriansy Services at 1.800-225-9874. For consumer questions call 1-800-255-6826.

Advantage Multi is protected by one or more of the following U.S. patents; 6.232,328 and 6.001,858. NADA 141-251,141-254 Approved by FDA

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Experience the many layers of Advantage Multi®

(imidacloprid+moxidectin)

Every dog and cat deserves comprehensive, broad-spectrum protection. That's why Advantage Multi® delivers layers of protection from heartworms, fleas and intestinal parasites.



Visit LayersofMulti.com or contact your Bayer Sales Representative.

CAUTION: Advantage Multi[®] is only available from a licensed veterinarian, Dogs: WARNING: **DO NOT ADMINISTER THIS PRODUCT ORALLY.** For the first 30 minutes after application, ensure that dogs cannot lick the product from application sites on themselves or other treated animals. Children should not come in contact with the application sites for two (2) hours after application. (See Contraindications, Warnings, Human Warnings and Adverse Reactions for more information.) Cats: Do not use on sick, debilitated, or underweight cats. Avoid oral ingestion.

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^{*}Treats and controls roundworms, bookworms and whinworms in dogs and roundworms and bookworms in cats

subsequent ketonemia may also suffer from metabolic acidosis, dehydration, endothelial dysfunction, cerebral ischemia and impaired wound healing.³

On physical exam, the diabetic patient may present dehydrated with serum chemistry abnormalities. The abnormalities of interest to the anesthetist may include elevated liver and kidney enzymes, reductions in sodium and potassium, and hyperglycemia.3 Urine should be evaluated for the presence of glucose and/or ketones. These quick and inexpensive tests give insight into the presence and severity of diabetes, as stress itself may also cause elevations in blood glucose. When glucose levels surpass the renal tubular threshold, all the filtered glucose does not get resorbed as some remains in the urine; the presence of ketonuria suggests a greater degree of insulin deficiency compared to hyperglycemia alone. A fundic exam should be performed to rule out hypertension-induced changes such as retinopathy and concurrent cerebral vessel abnormalities.4 Other clinical signs like polyphagia, polydipsia and polyuria are common.^{1,2}

Autonomic neuropathy can lead to gastroparesis predisposing the diabetic patient to regurgitation, poor vasomotor tone leading to hypotension, respiratory depression and impaired thermoregulation. ^{5,6} These concerns are common to all anesthetic cases, diabetic or non-diabetic; the difference is that the former is less resilient and prone to hemodynamic instability under anesthesia. ⁶ Impaired autoregulation of organ perfusion may necessitate an overall higher mean arterial

blood pressure in order to maintain oxygen delivery to tissues.^{2,7}

Anesthetic plans for diabetic and nondiabetic patients are similar in the sense that a balanced approach should be used for both. Injectable induction agents have a negligible effect on blood glucose levels with the exception of ketamine. Ketamine is an indirect sympathetic stimulant that has the potential to worsen hyperglycemia.^{5,8} Opioids and benzodiazepines moderate sympathetic stimulation, thereby potentially reducing the hyperglycemic response to surgery. 9,10 Epidural anesthesia using local anesthetics may also inhibit catecholamine release; however, the anesthetist must be cognizant of potential complications related to epidural use, which can be exacerbated in the diabetic patient with preexisting neurologic deficits.¹² Inhalants reduce insulin production and use of inhalants should be minimized during anesthesia with the concurrent use of minimal alveolar concentration (MAC) reducing adjunctive medications.6,11

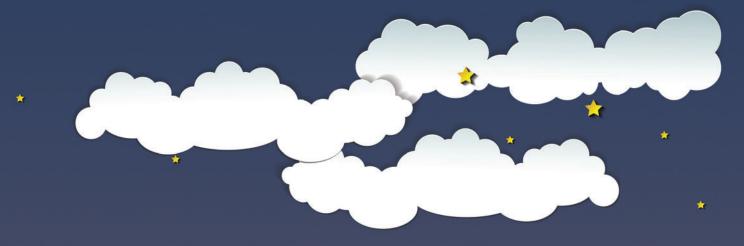
Stress reduction through the use of anxiolytic agents is recommended along with adequate analgesic techniques to minimize the effects that pain and stress can have on blood glucose. The use of alpha-2 adrenergic agonists such as dexmedetomidine is controversial. This class of drug can worsen hyperglycemia through its interaction with alpha-2a receptors that inhibit insulin secretion.¹³ However, the use of alpha-2 agonists in healthy dogs does not cause hyperglycemia and actually reduces the stress response through a reduction in sympathetic nervous system activity.13 The

diabetic patient may benefit from the pre-operative use of an alpha-2 agonist from this perspective.

Anesthesia in the unregulated diabetic patient should be avoided unless it is emergent. The risks associated with this patient population can manifest as hemodynamic instability and hypotension from changes to vascular endothelium and impaired response to anesthetic drugs secondary to metabolic acidosis. The anesthetist should be prepared to monitor and support blood pressure, blood pH and blood glucose levels. The uncontrolled diabetic is minimally classified as an ASA III.

The controlled diabetic that presents for an elective procedure should be scheduled first thing in the morning. This reduces fasting time, which can alter insulin requirements, and provides time for the patient to recover and resume their normal feeding/insulin schedule. Patients should not be given their morning insulin until their blood glucose levels have been evaluated and insulin needs determined.¹ Patients presenting with blood glucose levels less than 100 g/dl should have their insulin withheld and a 2.5-5% dextrose infusion initiated. Pre-operative glucose levels measuring at 300 g/dl and beyond can be given a half dose of insulin. Patients with a blood glucose between 100 and 300 g/dl don't require special pre-operative treatment; however, all diabetic patients should have their glucose monitored every 30-60 minutes to avoid broad swings in glucose levels and to help direct necessary therapy.^{1,7}

Diabetic patients should be sufficiently pre-medicated using



an opioid and a sedative, then rapidly induced with an injectable induction agent. Patients should be intubated with an appropriately sized endotracheal tube and the pilot balloon adequately inflated as needed to create a sealed system prior to positioning. This protects the airway from regurgitation and aspiration, which can be seen in the diabetic patient with autonomic neuropathy and gastroparesis.⁵ Patients should be supported with an intravenous balanced electrolyte solution, inhalant levels kept low with the use of analgesics and adjunctive medications, and glucose levels maintained between 150-250 g/dl as hyperglycemia is

associated with increased morbidity and mortality, prolonged hospital stays and decreased wound healing. Glucose should be monitored through recovery until the patient is up and eating. Hypoglycemia in the recovery phase may be seen as the muscle activity from shivering consumes glucose. It should also be noted that stress and inflammation common in the postoperative period can increase insulin requirements.

As a threat to homeostasis, diabetes can negatively affect surgical and anesthetic outcomes. Elective procedures should only be performed on patients that are well-regulated and steps should

be taken to ensure that pain and stress are adequately controlled. Patients with an immediate surgical need must be approached with a full understanding of the potential negative sequela of the disease and preparations made to deal with complications should they arise.

Kristen Cooley, BA, CVT, VTS (anesthesia) is an instructional specialist at The University of Wisconsin School of Veterinary Medicine and a consultant in Veterinary Anesthesia Support and Training.

Find the references online.

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² Rice Conlon JA, Mather TN, Tanner P, Gallo G, Jacobson RH. Efficacy of a nonadjuvanted, outer surface protein A, recombinant vaccine in dogs after challenge by ticks naturally infected with *Borrelia burgdorferi*. Vet Ther. 2000;1(2):96-107.

³ Probert WS, Crawford M, Cadiz RB, LeFebvre RB. Immunization with outer surface protein (0sp) A, but not 0spC, provides cross-protection of mice challenged with North American isolates of Borrelia burgdorferi. J Infect Dis. 1997;175(2):400-405.



It's the prime time of year for spring cleaning, so we're sharing a few of our favorite practice organization hacks to help get you started.

Keep trash contained

Dr. Robert Dumont sent us this excellent hack. To hide trash cans inside cabinets, he installed cat doors with magnetic closures in the doors. Trash stays out of sight and rooms are kept odor-free. He liked the idea so much he installed a second labeled door on the cabinets, so one can be used for trash and one for used syringes.

Organize odd objects

Are your practice's exam room drawers looking more like junk drawers? The Firstline team loved this tip from Dreaming Summit



Move over, cats. Your doors have a new use in practice. (Monika Wisniewska/stock. adobe.com

Animal Hospital in Litchfield Park, Arizona. Keep essential items (of all shapes and sizes) organized with plastic drawer trays in each exam room. Adjust the trays to an object's size for a perfect fit and place them in the same spot room to room for time saving.

Store surgical scrub brushes

Dr. Tracy Beeler shared this smart idea with us. Place a plastic container designed to hold plastic shopping bags above your sink and use it to store surgical scrub brushes. Not only are the brushes off the counter yet easy to grab, but the see-through container helps alert the team when to reorder.



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They already have a lot to remember. Give them one less thing to forget.



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Prescription-only BRAVECTO provides up to 12 weeks* of extended protection against fleas & ticks with just one dose. Good for patients, good for compliance, good for your practice.

Ask your Merck Animal Health Rep about BRAVECTO or Visit Bravectovets.com

*BRAVECTO kills fleas and prevents flea infestations for 12 weeks. **BRAVECTO Chew** kills ticks (black-legged tick, American dog tick, and brown dog tick) for 12 weeks and also kills lone star ticks for 8 weeks.

Also available as a topical application.

Important Safety Information

BRAVECTO Chews for Dogs: The most common adverse reactions recorded in clinical trials were vomiting, decreased appetite, diarrhea, lethargy, polydipsia, and flatulence. Bravecto has not been shown to be effective for 12-weeks' duration in puppies less than 6 months of age. Bravecto is not effective against lone star ticks beyond 8 weeks after dosing. **Please see Prescribing Information on following page.**

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Flavored chews for dogs

Caution:

Federal (USA) law restricts this drug to use by or on the order of a licensed veterinarian.

Description:

Each chew is formulated to provide a minimum dose of 11.4 mg/lb (25 mg/kg) body weight.

The chemical name of fluralaner is (\pm) -4-[5-(3,5-dichlorophenyl)-5-(trifluoromethyl)-4,5-dihydroisoxazol-3-yl]-2-methyl-N-[2-oxo-2-(2,2,2-trifluoroethylamino) ethyl]benzamide.

Indications:

Bravecto kills adult fleas and is indicated for the treatment and prevention of flea infestations (*Ctenocephalides felis*) and the treatment and control of tick infestations [*Ixodes scapularis* (black-legged tick), *Dermacentor variabilis* (American dog tick), and *Rhipicephalus sanguineus* (brown dog tick)] for 12 weeks in dogs and puppies 6 months of age and older, and weighing 4.4 pounds or greater.

Bravecto is also indicated for the treatment and control of *Amblyomma americanum* (lone star tick) infestations for 8 weeks in dogs and puppies 6 months of age and older, and weighing 4.4 pounds or greater.

Dosage and Administration:

Bravecto should be administered orally as a single dose every 12 weeks according to the **Dosage Schedule** below to provide a minimum dose of 11.4 mg/lb (25 mg/kg) body weight.

Bravecto may be administered every 8 weeks in case of potential exposure to *Amblyomma americanum* ticks (see **Effectiveness**)

Brayecto should be administered with food.

Dosage Schedule

Body Weight Ranges (lb)	Fluralaner Content (mg)	Chews Administered
4.4 – 9.9	112.5	One
>9.9 – 22.0	250	One
>22.0 – 44.0	500	One
>44.0 - 88.0	1000	One
>88.0 – 123.0*	1400	One

^{*}Dogs over 123.0 lb should be administered the appropriate combination of chews

Treatment with Bravecto may begin at any time of the year and can continue year round without interruption.

Contraindications:

There are no known contraindications for the use of the product.

Warnings:

Not for human use. Keep this and all drugs out of the reach of children. Keep the product in the original packaging until use, in order to prevent children from getting direct access to the product.

Do not eat, drink or smoke while handling the product. Wash hands thoroughly with soap and water immediately after use of the product.

Precautions:

Bravecto has not been shown to be effective for 12-weeks duration in puppies less than 6 months of age. Bravecto is not effective against *Amblyomma americanum* ticks beyond 8 weeks after dosing (see **Effectiveness**).

Adverse Reactions:

In a well-controlled U.S. field study, which included 294 dogs (224 dogs were administered Bravecto every 12 weeks and 70 dogs were administered an oral active control every 4 weeks and were provided with a tick collar); there were no serious adverse reactions. All potential adverse reactions were recorded in dogs treated with Bravecto over a 182-day period and in dogs treated with the active control over an 84-day period. The most frequently reported adverse reaction in dogs in the Bravecto and active control groups was vomiting.

Percentage of Dogs with Adverse Reactions in the Field Study

Adverse Reaction (AR)	Bravecto Group: Percentage of Dogs with the AR During the 182-Day Study (n=224 dogs)	Active Control Group: Percentage of Dogs with the AR During the 84-Day Study (n=70 dogs)
Vomiting	7.1	14.3
Decreased Appetite	6.7	0.0
Diarrhea	4.9	2.9
Lethargy	5.4	7.1
Polydipsia	1.8	4.3
Flatulence	1.3	0.0

In a well-controlled laboratory dose confirmation study, one dog developed edema and hyperemia of the upper lips within one hour of receiving Bravecto. The edema improved progressively through the day and had resolved without medical intervention by the next morning.

For technical assistance or to report a suspected adverse drug reaction, contact Merck Animal Health at 1-800-224-5318. Additional information can be found at www.bravecto.com. For additional information about adverse drug experience reporting for animal drugs, contact FDA at 1-888-FDA-VETS or online at http://www.fda.gov/AnimalVeterinary/SafetyHealth.

Clinical Pharmacology:

Peak fluralaner concentrations are achieved between 2 hours and 3 days following oral administration, and the elimination half-life ranges between 9.3 to 16.2 days. Quantifiable drug concentrations can be measured (lower than necessary for effectiveness) through 112 days. Due to reduced drug bioavailability in the fasted state, fluralaner should be administered with food.

Mode of Action

Fluralaner is for systemic use and belongs to the class of isoxazoline-substituted benzamide derivatives. Fluralaner is an inhibitor of the arthropod nervous system. The mode of action of fluralaner is the antagonism of the ligand-gated chloride channels (gamma-aminobutyric acid (GABA)-receptor and glutamate-receptor).

Effectiveness

Bravecto began to kill fleas within two hours after administration in a well-controlled laboratory study. In a European laboratory study, Bravecto killed fleas and *Ixodes ricinus* ticks and reduced the numbers of live fleas and *Ixodes ricinus* ticks on dogs by >98% within 12 hours for 12 weeks. In a well-controlled laboratory study, Bravecto demonstrated 100% effectiveness against adult fleas 48 hours post-infestation for 12 weeks. In well-controlled laboratory studies, Bravecto demonstrated ≥93% effectiveness against *Dermacentor variabilis*, *Ixodes scapularis* and *Rhipicephalus sanguineus* ticks 48 hours post-infestation for 12 weeks. Bravecto demonstrated ≥90% effectiveness against *Amblyomma americanum* 72 hours post-infestation for 8 weeks, but failed to demonstrate ≥90% effectiveness beyond 8 weeks.

In a well-controlled U.S. field study, a single dose of Bravecto reduced fleas by ≥99.7% for 12 weeks. Dogs with signs of flea allergy dermatitis showed improvement in erythema, alopecia, papules, scales, crusts, and excoriation as a direct result of eliminating flea infestations.

Palatability: In a well-controlled U.S. field study, which included 559 doses administered to 224 dogs, 80.7% of dogs voluntarily consumed Bravecto within 5 minutes, an additional 12.5% voluntarily consumed Bravecto within 5 minutes when offered with food, and 6.8% refused the dose or required forced administration.

Animal Safety

Margin of Safety Study: In a margin of safety study, Bravecto was administered orally to 8- to 9-week-old puppies at 1, 3, and 5X the maximum label dose of 56 mg/kg at three, 8-week intervals. The dogs in the control group (DX) were untreated.

There were no clinically-relevant, treatment-related effects on physical examinations, body weights, food consumption, clinical pathology (hematology, clinical chemistries, coagulation tests, and urinalysis), gross pathology, histopathology, or organ weights. Diarrhea, mucoid and bloody feces were the most common observations in this study, occurring at a similar incidence in the treated and control groups. Five of the twelve treated dogs that experienced one or more of these signs did so within 6 hours of the first dosing. One dog in the 3X treatment group was observed to be dull, inappetant, with evidence of bloody diarrhea, vomiting, and weight loss beginning five days after the first treatment. One dog in the 1X treatment group vomited food 4 hours following the first treatment.

Reproductive Safety Study: Bravecto was administered orally to intact, reproductively-sound male and female Beagles at a dose of up to 168 mg/kg (equivalent to 3X the maximum label dose) on three to four occasions at 8-week intervals. The dogs in the control group (0X) were untreated.

There were no clinically-relevant, treatment-related effects on the body weights, food consumption, reproductive performance, semen analysis, litter data, gross necropsy (adult dogs) or histopathology findings (adult dogs and puppies). One adult treated dog suffered a setzure during the course of the study (46 days after the second treatment). Abnormal salivation was observed on 17 occasions: in six treated dogs (11 occasions) after dosing and four control dogs (6 occasions).

The following abnormalities were noted in 7 pups from 2 of the 10 dams in only the treated group during gross necropsy examination: limb deformity (4 pups), enlarged heart (2 pups), enlarged spleen (3 pups), and cleft palate (2 pups). During veterinary examination at Week 7, two pups from the control group had inguinal testicles, and two and four pups from the treated group had inguinal and cryptorchid testicles, respectively. No undescended testicles were observed at the time of necropsy (days 50 to 71).

In a well-controlled field study Bravecto was used concurrently with other medications, such as vaccines, anthelmintics, antibiotics, and steroids. No adverse reactions were observed from the concurrent use of Bravecto with other medications.

Storage Information:

Do not store above 86°F (30°C).

How Supplied:

Bravecto is available in five strengths (112.5, 250, 500, 1000, and 1400 mg fluralaner per chew). Each chew is packaged individually into aluminum foil blister packs sealed with a peelable paper backed foil lid stock. Product may be packaged in 1, 2, or 4 chews per package.

NADA 141-426, Approved by FDA

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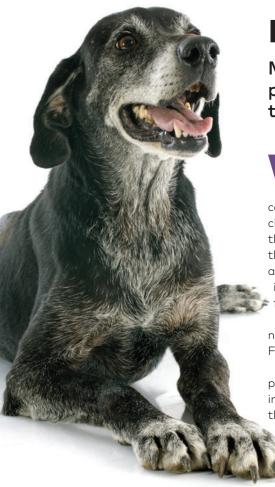
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Fear Free and older pets

Make the veterinary visit so great for these patients that 'the dog will drag the pet owner through the front door' the next time.

hen it comes to treating older pets in the veterinary clinic, Fetch dvm360 conference speaker and Fear Free champion Marty Becker, DVM, says there is a problem: You just don't see these patients in great numbers. For a variety of reasons, pet owners think it's simply "old age" keeping pets from behaving the way they used to.

But Dr. Becker says these pets need to visit the vet—and that Fear Free is the way to go.

"We need to make it to where people know that they need to come in and that it's going to be something that is not stressful for this pet," he says.

All right, how then? Dr. Becker says, for one thing, it comes down to currency. And to a dog, that can only mean food.

"You have to have exceptional

food treats," he says, "especially for a dog whose senses may be dulled, like an older doa."

He suggests having high-value treats at the ready: Deli turkey, Braunschweiger and liver treats are examples that will win you a friend for life

Dr. Becker says another option is a "chill pill." A nutraceutical may be just the right thing for stressed-out patients.

Last, he says not to forget about sedation

"A little trazodone for an anxious pet goes a long way into making it a friendly, Fear Free visit for both the pet and the pet owner," Dr. Becker says.



■機器■ Watch the video at dvm360.com/happyseniors

Yoga in the vet clinic: A lower back stretch

Whether it's wrangling a 150 lb Saint Bernard, hunching over a computer monitor or crouching to examine the kitten in the corner of the exam room, there are plenty of activities in the veterinary clinic that twist your body in taxing ways.

As Fetch dvm360 conference wellness ambassador and certified yoga instructor Torry Chamberlayne, RVT, veterinary medicine—we're bending down, we're bending forward, we're at the computer."

Here's a move to help you untwist:

- > Keep your hips facing forward
- > Twist from the mid-waist
- > Make that twist gentle-don't
- > Keep your gaze the same Chamberlayne suggests doing this move three to four times a day.

Follow Chamberlayne's Instagram account, @the_yin_yogi, for more information on yoga and meditation.



Team meeting:

Let's talk money

If you're experiencing exhaustion from difficult conversations with pet owners about paying for veterinary care, why not open this discussion up to your team? You may identify small tweaks to communication that might ease everyone's stress about managing the tough question of paying for top-notch pet care. By Brendan Howard, Business Channel Director, Naomi Strollo, RVT

egardless of whether you believe wholeheartedly in "learning styles" or you're skeptical (skeptics, current research might be in your favor), we do know that hearing a message different times in different ways can help us learn.

As a practice owner, practice manager or team lead, if you're thinking of tackling the issue of how to help veterinary clients pay for your services, here are two ways to digest that information and share it with your team.

1. Let me just read it!

First, emergency-room staffer Naomi Strollo, RVT, wrote the article "Talk money without ticking off pet owners." Want to put this article to use for your team? Read the article on dvm360.com, then consider points you agree with and points you don't, as well as her recommendations that do or do not fit your practice's philosophy and financial protocols. What might you change? What do you feel you won't change?

Before the meeting, consider all those questions and give staffers a week to read and think about this article. Then make the problem ("Our clients sometimes can't or won't pay for our services") a brainstorming exercise ("What do we have it in our power to change in our practice to adjust our communication, our protocols and our policies?").

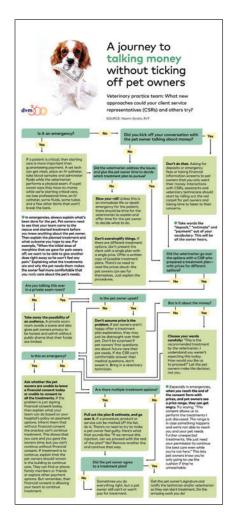
2. Show it to me!

Second, we took Strollo's article and turned it into this algorithm to really focus on the decision-making process that comes into play over the phone, in the exam room and before and after visits at the reception desk.

To pick up another practice's protocols on client payment—say, adopting the whole algorithm and making that your goal for staff training and client education might be tough. Before a meeting, consider which of these steps you and your team take—which ones might be helpful to add or change and which ones feel impossible, impractical or poorly aligned with your practice's philosophy. Then share the algorithm with your team to look at before the meeting and sketch out, with your team, what your shared algorithm is for managing tough money talks

It's not even crucial that you change everything! Just reflect, discuss and get greater clarity and open communication about what your shared goals are for patient care and client payment, and what you all do, and will do, to bridge the gap between those things.

Let us know if you use these resources for a team meeting and how it went at **fl@ubm.com**. Happy learning!







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- Delmopinol creates a protective barrier against the bacteria that cause bad breath and are the basis for plaque
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² Data on file.

³ Data on file.



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CHEWABLES

CAUTION: Federal (U.S.A.) law restricts this drug to use by or on the order of a licensed veterinarian.

INDICATIONS: For use in dogs to prevent canine heartworm disease by eliminating the tissue stage of heartworm larvae (Dirofilaria immitis) for a month [30] doys] after infection and for the treatment and control of ascards (Toxoccara canis, Toxascaris leonina) and hookworms (Ancylotsma caninum, Inciniaria stencephala, Ancylotsma brazilliense).

DOSAGE: HEARTGARD® Plus (ivermectin/pyrantel) should be administered orally at monthly intervals at the recommended minimum dose level of 6 mcg of ivermectin per kilogram (2.72 mcg/lb) and 5 mg of pyrantel (as pamoate satt) per kg (2.27 mg/lb) of body weight. The recommended dosing schedule for prevention of canine heartworm disease and for the treatment and control of ascarids and hookworms is as follows:

Dog Weight	Chewables Per Month	Ivermectin Content	Pyrantel Content	Color Coding On Foil Backing and Carton
Up to 25 lb	1	68 mcg	57 mg	Blue
26 to 50 lb	1	136 mcg	114 mg	Green
51 to 100 lb	1	272 mcg	227 mg	Brown

HEARTGARD Plus is recommended for dogs 6 weeks of age and older. For dogs over 100 lb use the appropriate combination of these chewables.

ADMINISTRATION: Remove only one chewable at a time from the foil-backed blister card. Return the card with the remaining chewables to its box to protect the product from light. Because most dogs find HEARTGARD Plus palatable, the product can be offered to the dog by hand. Alternatively, it may be added intact to a small amount of dog food. The chewable should be administered in a manner that encourages the dog to chew, rather than to swallow without chewing. Chewables may be broken into pieces and fed to dogs that normally swallow treats whole.

Care should be taken that the dog consumes the complete dose, and treated animals should be observed for a few minutes after administration to ensure that part of the dose is not lost or rejected. If it is suspected that any of the dose has been lost, redosing is recommended.

HEARTGARD Plus should be given at monthly intervals during the period of the year when mosquitoes (vectors), potentially carrying infective heartworm larvae, are active. The initial dose must be given within a month (30 days) after the dog's first exposure to mosquitoes. The final dose must be given within a month (30 days) after the dog's last exposure to mosquitoes.

When replacing another heartworm preventive product in a heartworm disease preventive program, the first dose of HEARTGARD Plus must be given within a month (30 days) of the last dose of the former medication.

If the interval between doses exceeds a month (30 days), the efficacy of ivermectin can be reduced. Therefore, for optimal performance, the chewable must be given once a month on or about the same day of the month. If treatment is delayed, whether by a few days or many, immediate treatment with HEARTGABD Plus and resumption of the recommended dosing regimen will minimize the opportunity for the development of adult heartworms.

Monthly treatment with HEARTGARD Plus also provides effective treatment and control of ascarids (*T. canis, T. leonina*) and hookworms (*A. caninum, U. stenocephala, A. braziliense*). Clients should be advised of measures to be taken to prevent reinfection with intestinal parasites.

EFFICACY: HEARTGARD Plus Chewables, given orally using the recommended dose and regimen, are effective against the tissue larval stage of *D. immitis* for a month (30 days) after infection and, as a result, prevent the development of the adult stage. HEARTGARD Plus Chewables are also effective against canine ascarids (*T. canis, T. leonina*) and hookworms (A. caninum, U. stenocephala, A. braziliense).

ACCEPTABILITY: In acceptability and field trials, HEARTGARD Plus was shown to be an acceptable oral dosage form that was consumed at first offering by the majority of dogs.

PRECAUTIONS: All dogs should be tested for existing heartworm infection before starting treatment with HEARTGARD Plus which is not effective against adult *D. immitis.* Infected dogs must be treated to remove adult heartworms and microfilariae before initiating a program with HEARTGARD Plus.

While some microfilariae may be killed by the ivermectin in HEARTGARD Plus at the recommended dose level, HEARTGARD Plus is not effective for microfilariae clearance. A mild hypersensitivity-type reaction, presumably due to dead or dying microfilariae and particularly involving a transient diarrhea, has been observed in clinical trials with ivermectin alone after treatment of some dogs that have circulating microfilariae.

Keep this and all drugs out of the reach of children.

In case of ingestion by humans, clients should be advised to contact a physician immediately. Physicians may contact a Poison Control Center for advice concerning cases of ingestion by humans.

Store between 68°F - 77°F (20°C - 25°C). Excursions between 59°F - 86°F (15°C - 30°C) are permitted. Protect product from light.

ADVERSE REACTIONS: In clinical field trials with HEARTGARD Plus, vomiting or diarrhea within 24 hours of dosing was rarely observed (1.1% of administered doses). The following adverse reactions have been reported following the use of HEARTGARD: Depression/lethargy, vomiting, anorexia, diarrhea, mydriasis, ataxia, staggering, convulsions and hypersalivation.

SAFETY: HEARTGARD Plus has been shown to be bioequivalent to HEARTGARD, with respect to the bioavailability of ivermectin. The dose regimens of HEARTGARD Plus and HEARTGARD are the same with regard to ivermectin [6 mcg/kg]. Studies with ivermectin indicate that certain dogs of the Collie breed are more sensitive to the effects of ivermectin administered at elevated dose levels (more than 16 times the target use level) than dogs of other breeds. At elevated doses, sensitive dogs showed adverse reactions which included mydriasis, depression, ataxia, tremors, drooling, paresis, recumbency, excitability, stupor, coma and death. HEARTGARD demonstrated no signs of toxicity at 10 times the recommended dose (60 mcg/kg) in sensitive Collies. Results of these trials and bioequivalency studies, support the safety of HEARTGARD products in dogs, including Collies, when used as recommended.

HEARTGARD Plus has shown a wide margin of safety at the recommended dose level in dogs, including pregnant or breeding bitches, stud dogs and puppies aged 6 or more weeks. In clinical trials, many commonly used flea collars, dips, shampoos, anthelmintics, antibiotics, vaccines and steroid preparations have been administered with HEARTGARD Plus in a heartworm disease prevention program.

In one trial, where some pups had parvovirus, there was a marginal reduction in efficacy against intestinal nematodes, possibly due to a change in intestinal transit time.

HOW SUPPLIED: HEARTGARD Plus is available in three dosage strengths (See DOSAGE section) for dogs of different weights. Each strength comes in convenient cartons of 6 and 12 chewables.

For customer service, please contact Merial at 1-888-637-4251.

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Practice tip:

Up your *Bordetella* compliance

Get your veterinary clients on board with a necessary Bordetella vaccination with a simple explanation.

By James Randolph, DVM

ow many times have you heard, "Oh!

Rover doesn't need the Bordello. He
doesn't board."

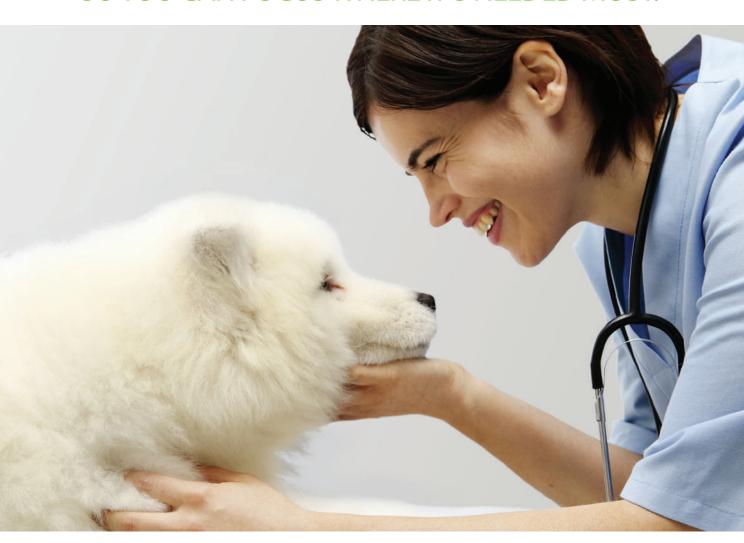
After years of explaining to pet owners that *Bordetella* "isn't that kind of 'board," and still having people reject a very important aspect of disease protection, I had an epiphany.

About three years ago, I began calling it "Bordetella bronchiseptica, a bacterial infection," and immediately launching into a brief explanation of its part in infectious tracheobronchitis and possible complications.

Acceptance of the *Bordetella* vaccination at our practice is now well over 95 percent.

James Randolph, DVM Animal General Hospital Long Beach, MS

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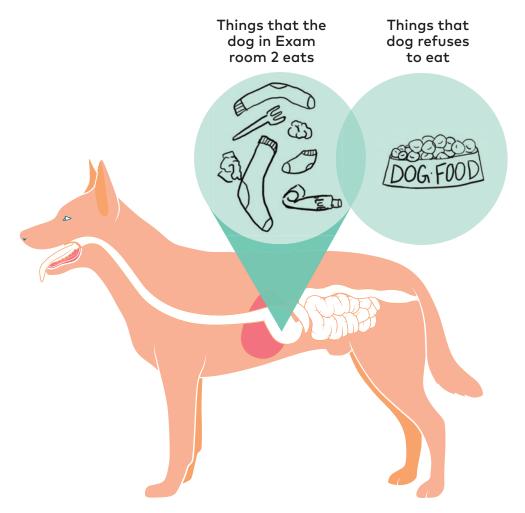
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He ate Managing the garbage gut in Exam 2

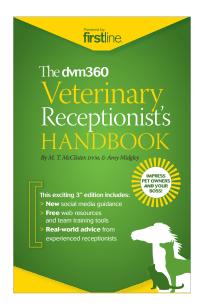
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- ✓ Over 30 years of trusted prevention



¹ Freedom of Information: NADA140-971 (January

² Data on file at Boehringer Ingel<u>heim.</u> ³ Data on file at Boehringer Ingelheim.

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IMPORTANT SAFETY INFORMATION: HEARTGARD® Plus (ivermectin/pyrantel) is well tolerated. All dogs should be tested for heartworm infection before starting a preventive program. Following the use of HEARTGARD Plus, digestive and neurological side effects have rarely been reported. For more information, please see full prescribing information or visit www.HEARTGARD.com.